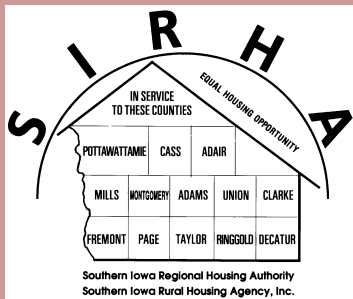


**SOUTHERN IOWA  
REGIONAL HOUSING  
AUTHORITY  
(SIRHA)**

## SIRHA's Mission Statement

"The goal of SIRHA is to provide decent, safe and sanitary housing and create a positive environment to help promote self-sufficiency."



### **SOUTHERN IOWA REGIONAL HOUSING AUTHORITY**

219 N Pine St  
CRESTON, IA 50801

Phone: 641-782-8585 Ext. 1025  
Fax: 641-782-5900  
E-mail: [BGreenwalt@sirha-ia.org](mailto:BGreenwalt@sirha-ia.org)  
[www.sirha-ia.org](http://www.sirha-ia.org)

## Family Self Sufficiency Program

**A PROGRAM AVAILABLE TO  
SECTION 8 PARTICIPANTS**



**Contact Billie Jo Greenwalt  
641-782-8585 Ext. 1025**

# What is the Family Self-Sufficiency Program?

The Family Self-Sufficiency (FSS) Program is a voluntary program designed to assist Section 8 participants in becoming independent and self-sufficient. With the support of local agencies, FSS combines case management, education and training skills, as well as rent assistance to aid families in becoming self-sufficient. FSS also helps families seek and maintain full-time employment so they can become self-sufficient.

In order for FSS participants to be successful, supportive services may be needed to overcome any barriers that may be in their way. In cooperation with local agencies, FSS can address issues with families such as:

- ◆ Budgeting skills
- ◆ Time management skills
- ◆ Parenting skills
- ◆ Food and Nutrition skills
- ◆ Building Self-esteem
- ◆ Stress Management skills
- ◆ Drug and Alcohol Abuse
- ◆ Career Counseling
- ◆ Job Search and Training
- ◆ Education (Basic, GED, College)
- ◆ Communication skills

## How Does The Program Work?

Each participant in the FSS Program is required to sign a Contract of Participation outlining the rights and responsibilities of the family during participation in the FSS Program. The contract also includes an individual training and services plan stating the specific needs and goals of the participant in order to achieve success.

## REWARDS AND BENEFITS OF THE FSS PROGRAM

As each FSS participant becomes employed and earns additional income, their portion of the subsidized rent will increase; however, while under a FSS contract, a percentage of the rent increase (due to earned income) is placed in an interest bearing escrow account which is held for the FSS participant until they have completed all the goals of their contract.

### **THIS PROGRAM IS AN INCENTIVE WHILE YOU WORK**

Other benefits of the Family Self-Sufficiency Program include:

- ◆ Having supportive services available to make self-sufficiency possible

- ◆ Identifying areas in your life you want to improve and setting goals to achieve success
- ◆ Learning to overcome barriers
- ◆ Securing and retaining full-time employment through education and job training
- ◆ Establishing a savings account
- ◆ Becoming self-sufficient members in the community both economically and socially



**If you are interested in learning more about the Family Self-Sufficiency Program please contact SIRHA with any questions or concerns you may have.**

**Don't miss out on this great opportunity to build your own Escrow Savings Account at no cost to you!**

**SOUTHERN IOWA REGIONAL HOUSING AUTHORITY**

219 N PINE STREET  
CRESTON, IA 50801

Phone: 641-782-8585 Ext. 1025

Fax: 641-782-5900

E-mail: [BGreenwalt@sirha-ia.org](mailto:BGreenwalt@sirha-ia.org)

[www.sirha-ia.org](http://www.sirha-ia.org)